

# COURSE DESCRIPTION

<b>COURSE TITLE:</b>	<i>IS CANNABIS THE NEW KALE</i>
<b>SUBJECT/CONTENT/SKILLS:</b>	SUBSTANCE USE DISORDER (AOD) SPECIFIC CONTENT/ CANNABIS, THC, CBD, & MEDICAL MARIJUANA
<b>OHIO CONTENT AREAS:</b>	PREVENTION P2 CHEMICAL DEPENDENCY C1
<b>COURSE FORMAT:</b>	ONLINE COURSE; DIGITAL WORKBOOK/ ONLINE TEST & COURSE EVALUATION/ INSTANT TEST SCORES/DOWNLOADABLE COMPLETION CERTIFICATE
<b>INTENDED AUDIENCE:</b>	THIS COURSE IS APPROPRIATE FOR PRACTITIONERS OF ALL LEVELS AND IS APPLICABLE WITHIN VARIOUS PROFESSIONAL SPECIALTIES (ADDICTION, MENTAL HEALTH, ETC.) AND SETTINGS (CLINICS, SHELTERS, JAILS, ETC.).
<b>CE HOURS:</b>	2
<b>COST INITIAL/RENEWAL:</b>	\$20/\$10
<b>NUMBER OF PAGES: (INCLUDING INTRO MATERIALS)</b>	46
<b>NUMBER OF POST-TEST QUESTIONS:</b>	10

## **NAMES/CREDENTIAL(S) OF PRESENTER/AUTHOR**

Kelly Sinclair-McClintock, MA, LICDC-CS, MCAP

Kelly has spent the better part of her career working with a criminal population, often within the walls of the jail system, and (oddly enough) has loved every moment of it. Kelly says, "it's easy to enjoy being institutionalized-when you have the keys to the joint"! (So true).

Since 2005, she has served as the CEO of Project Solutions, a social service organization that provides counseling services to a criminal population. Kelly has authored numerous professional training manuals and is a sought-after speaker/presenter.

## **EDUCATIONAL/ACHIEVEMENTS**

- AA/BS Degree Criminal Justice/Sociology
- Master of Arts Degree, Professional Counseling
- Licensed Independent Chemical Dependency Clinical Supervisor (Ohio)
- Certified Masters Addictions Professional (Florida)
- Find Your Strong Campaign [findyourstrong.info](http://findyourstrong.info)
- Graduate Leadership Stark County, 18<sup>th</sup> Class
- Commendations Stark County Jail Treatment Program 2006, 2010
- Recipient Bliss Scholarship Akron University, 1991
- Internship Capitol Hill, 1991

## **COURSE DESCRIPTION**

Find out why the cannabis industry is booming, as we explore this plant's addictive properties, as well as its newfound fame as a healing powerhouse. This short course will help you understand how cannabis products, including

THC and CBD, are being used to prevent and treat conditions like depression, anxiety, auto immune disease, and cancer.

This course is applicable for both prevention professionals and practitioners of all levels. Course content applies to various client populations (i.e. addiction, mental health, etc.) and is relevant for services provided in a variety of settings (clinics, shelters, jails, etc.).

## **GOAL**

Participants will gain knowledge about cannabis; to include the dangers of addiction, as well as its use as an effective remedy to prevent and treat disease.

## **OBJECTIVES**

1. Participants will be able to recognize, understand, and describe the addictive nature of cannabis.
2. Participants will be able to recognize, understand, and describe effects of marijuana on the brain and body, to include its potential to be a gateway drug.
3. Participants will be able to recognize, understand, and describe the uses for CBD and other cannabinoids, including the potential health benefits.
4. Participants will be able to recognize, understand, and describe the importance of the entourage effect.
5. Participants will be able to recognize, understand, and describe the legal status of cannabis.

6. Participants will be able to recognize, understand, and describe both the addictive and healing properties of cannabis.

## **COURSE OUTLINE**

- I. INTRODUCTION MATERIALS (TECH SUPPORT, HOW IT WORKS, ABOUT THE AUTHOR, WELCOME, DISCLAIMERS)
- II. PRE-TEST
- III. TRYING TO CLEAR THE SMOKE
- IV. MARIJUANA
  - a. MARIJUANA ADDICTION
  - b. THC FACTS
  - c. GATEWAY DRUG
- V. THE FEDS SAID NO
- VI. HEALING WITH CANNABIS
  - a. CBD FACTS
  - b. NEGATIVE SIDE EFFECTS OF CBD
  - c. CURE FOR DISEASE/HEALTH BENEFITS OF CANNABIS
  - d. ENTOURAGE EFFECT
  - e. MEDICAL CANNABIS FORMS
- VII. LEGAL STATUS
- VIII. FDA APPROVED CANNABINOID MEDICATIONS
- IX. HEALING; MY STORY
- X. HEALING; TRUE STORIES
- XI. FINAL WORD
- XII. THAT'S A WRAP
- XIII. POST-TEST
- XIV. COURSE EVALUATION/SURVEY