

# COURSE DESCRIPTION

<b>COURSE TITLE:</b>	<i>WHEN TRIPPING BECOMES TREATMENT: USE OF PSYCHEDELICS TO TREAT MENTAL HEALTH &amp; ADDICTION</i>
<b>SUBJECT/CONTENT/SKILLS:</b>	TREATMENT INNOVATIONS/RESEARCH & EVIDENCE-BASED INTERVENTIONS/ PHARMACOLOGY
<b>OHIO CONTENT AREAS:</b>	PREVENTION R1 CHEMICAL DEPENDENCY C6
<b>COURSE FORMAT:</b>	ONLINE COURSE; DIGITAL WORKBOOK/ ONLINE TEST & COURSE EVALUATION/ INSTANT TEST SCORES/DOWNLOADABLE COMPLETION CERTIFICATE
<b>INTENDED AUDIENCE:</b>	THIS COURSE IS APPROPRIATE FOR PRACTITIONERS OF ALL LEVELS AND IS APPLICABLE WITHIN VARIOUS PROFESSIONAL SPECIALTIES (ADDICTION, MENTAL HEALTH, ETC.) AND SETTINGS (CLINICS, SHELTERS, JAILS, ETC.).
<b>CE HOURS:</b>	2
<b>COST INITIAL/RENEWAL:</b>	\$20/\$10
<b>NUMBER OF PAGES: (INCLUDING INTRO MATERIALS)</b>	28
<b>NUMBER OF POST-TEST QUESTIONS:</b>	10

## **NAMES/CREDENTIAL(S) OF PRESENTER/AUTHOR:**

Kelly Sinclair-McClintock, MA, LICDC-CS, MCAP

Kelly has spent the better part of her career working with a criminal population, often within the walls of the jail system, and (oddly enough) has loved every moment of it. Kelly says, "it's easy to enjoy being institutionalized-when you have the keys to the joint"! (So true).

Since 2005, she has served as the CEO of Project Solutions, a social service organization that provides counseling services to a criminal population. Kelly has authored numerous professional training manuals and is a sought-after speaker/presenter.

## **EDUCATIONAL/ACHIEVEMENTS**

- AA/BS Degree Criminal Justice/Sociology
- Master of Arts Degree, Professional Counseling
- Licensed Independent Chemical Dependency Clinical Supervisor (Ohio)
- Certified Masters Addictions Professional (Florida)
- Find Your Strong Campaign [findyourstrong.info](http://findyourstrong.info)
- Graduate Leadership Stark County, 18<sup>th</sup> Class
- Commendations Stark County Jail Treatment Program 2006, 2010
- Recipient Bliss Scholarship Akron University, 1991
- Internship Capitol Hill, 1991

## **COURSE DESCRIPTION:**

Move over cannabis and CBD... there's a new medicinal powerhouse on the horizon.

This course takes a look at the use of psychedelics, such as LSD, to treat conditions like anxiety, depression, PTSD, and addiction. This course will review the current research being conducted at renowned institutions, like NYU and John Hopkins, which shows a high degree of efficacy with lasting results.

This course is applicable for professionals and practitioners of all levels. Course content applies to various client populations (i.e., addiction, mental health, etc.) and is relevant for services provided in a variety of settings (clinics, shelters, jails, etc.).

**GOAL:**

Participants will gain knowledge about psychedelics for the treatment of conditions like anxiety, depression, PTSD, and addiction.

**OBJECTIVES:**

1. Participants will be able to recognize, understand, and describe the history of psychedelics and the effects of psychedelics on physiology, brain functioning, mental processes/perceptions.
2. Participants will be able to recognize, understand, and describe the ways in which psychedelics are being used to effectively treat behavioral health conditions to include microdosing and macrodosing.

**COURSE OUTLINE**

- I. Introduction Materials (Tech Support, How it works, About the Author, Welcome, Disclaimers)
- II. Pre-test
- III. Introduction to Michael Pollan

- IV. What are Psychedelics
- V. The Back Story
- VI. Resurgence of Research
  - a. Psilocybin
  - b. Ecstasy (MDMA)
- VII. Efficacy and the Dosing Dilemma
  - a. Macro dosing
  - b. Micro dosing
- VIII. Does the Government Support Psychedelic Research— or Not?
- IX. Wall Street Takes Notice of Psychedelics
- X. Reference/Bibliography
- XI. Post-Test
- XII. Course Evaluation/Survey